

**Subud LA is hosting a special "Putting It Into Practice" weekend event**



*Subud Los Angeles is hosting a special event  
on:*

# **"PUTTING IT INTO PRACTICE"**



**SATURDAY + SUNDAY  
SEPTEMBER 23 + 24**  
*A 2-DAY WEEKEND PROGRAM*

**DAY 1: Bringing the Latihan into our daily life.**

**DAY 2: Bringing Subud into the world. Through our state & our works.**

We do the latihan kedjiwaan (**spiritual training**) of Subud.

## **But what are we training for?**

**How does it apply to our every day lives?**

**To our work & career?**

**To fulfilling our life's purpose?**

**And how can we support each other on this path?**

Let's devote two days to exploring questions and answers ~  
how to put this priceless training from beyond, into practice in  
this world...

Sunday afternoon we'll identify opportunities and create action items and next steps. We can document what worked and didn't so we can repeat this program and share it.

The CA regional helpers will join to help with questions and testing.

**For new members, sometime members and longtime members.**

## **Saturday and Sunday September 23rd and 24th**

At 5828 Wilshire Blvd, Los Angeles, CA 90036

Saturday 10:15 AM - 9:30 PM

Sunday 10:15 AM - 7:30 PM

Ibu Rayahu (Bapak's eldest daughter) advised us last Ramadan 2017 that Subud may go the way of the world's great religions, where the connection to the power of Almighty God was lost after the prophet who received it died.

**Her emphasis was on our personal responsibility correcting our own behavior and really putting the latihan into practice. But what does "putting it into practice" mean?**

**AN OPEN SCHEDULE TO  
ACCOMMODATE  
WHAT MAY COME UP SPONTANEOUSLY**

# **DAY 1 - SCHEDULE (SAT SEPT 23)**

## **BRINGING THE LATIHAN INTO OUR DAILY LIVES**

10:15 AM **QUIET BEFORE LATIHAN**

10:30 AM **LATIHAN**

11:15 AM **MEETING IN UPSTAIRS CAFE: MOMENT OF  
QUIET**

**INTRODUCTION TO THE WEEKEND**

**DISCUSSION...**

**TESTING / BREAKOUT GROUPS**

**SPACE FOR WHATEVER IS NEEDED**

1 PM -

2:30 PM **LUNCH**

2:30 PM **MEETING IN UPSTAIRS CAFE: MOMENT OF  
QUIET**

SPACE FOR WHATEVER IS NEEDED

5 PM **SUBUD CREDIT UNION FEASIBILITY STUDY  
REPORT**

by working group including Magnus Cheifetz

**6 PM DISCUSSION / SHARING**

**MOMENT OF QUIET**

**6:30 PM DINNER**

**7:30 PM BAPAK'S TALK: HEALTHY IN THIS WORLD,  
HEALTHY IN THE NEXT** Schloss Wendhausen, Germany

## **DAY 2 - SCHEDULE (SUN SEPT 24)**

**BRINGING SUBUD INTO THE WORLD. THROUGH OUR  
STATE & OUR WORKS.**

**10:15 AM MEETING IN UPSTAIRS CAFE: MOMENT OF  
QUIET**

**10:30 AM LATIHAN**

**11:15 AM MEETING IN UPSTAIRS CAFE: MOMENT OF  
QUIET**

**INTRODUCTION TO THE WEEKEND**

**DISCUSSION...**

**TESTING / BREAKOUT GROUPS**

**SPACE FOR WHATEVER IS NEEDED**

1:00 PM -

2:30 PM **LUNCH**

2:30 PM **MEETING IN UPSTAIRS CAFE: MOMENT OF QUIET**

**SPACE FOR WHATEVER IS NEEDED**

4:00 PM **NEXT STEPS**

**ACTION ITEMS**

**NEW ROLES**

**MOMENT OF QUIET**

6:30 PM **DINNER**

**POSSIBLE THEMES TO  
EXPLORE:**

**HOW MUCH LATIHAN IS  
ENOUGH?**

**“ Brothers and Sisters, in order to be able to experience this improvement of your being - in other words, the demolition of this great pile of sin (*laughter*) - is it enough for us just to do latihan twice a week...**

**The answer is no, it's not enough...**

**Every second, every heartbeat, we have to experience the latihan. And that is impossible... or is it? ”**

*BAHAK's talk to men and women -- Santa Monica, CA U.S.A. -- November 29, 1977*

**SEEKING PROOF**

“ There is no sign yet of Af'al, proving to you the reality of God's love and closeness to all of you. Therefore, Brothers and Sisters, **prove it by way of doing enterprise.**

It is not that Bapak, or any of you, does not believe in God; on the contrary, it is that you should look for proof. ”

Bapak's Talk  
Healthy In This world, Healthy In The Next  
Schloss Wendhausen, Germany  
May 2, 1981 • Provisional Translation

## **A WIDER MEANING OF "ENTERPRISE"**

Enterprise is central to Subud. But it doesn't just mean a



multinational Subud bank. That's just one possibility.

**We could also say our personal enterprise is putting the latihan into practice in our lives.**

And like everything in nature it proceeds organically...

First in our every day movements, walking, dancing, talking, singing, thinking, feeling. And deeper into our lives, our relationships, work and careers.

The more we do the latihan and follow it, give it space to guide every moment, the further and wider it goes. That's our personal enterprise.

But the aim of this guidance beyond self-interest is not just to become good and noble people for ourselves, but to be of use to all of humanity.

In this way the latihan can encompass every part of our lives

inwardly and also outwardly.

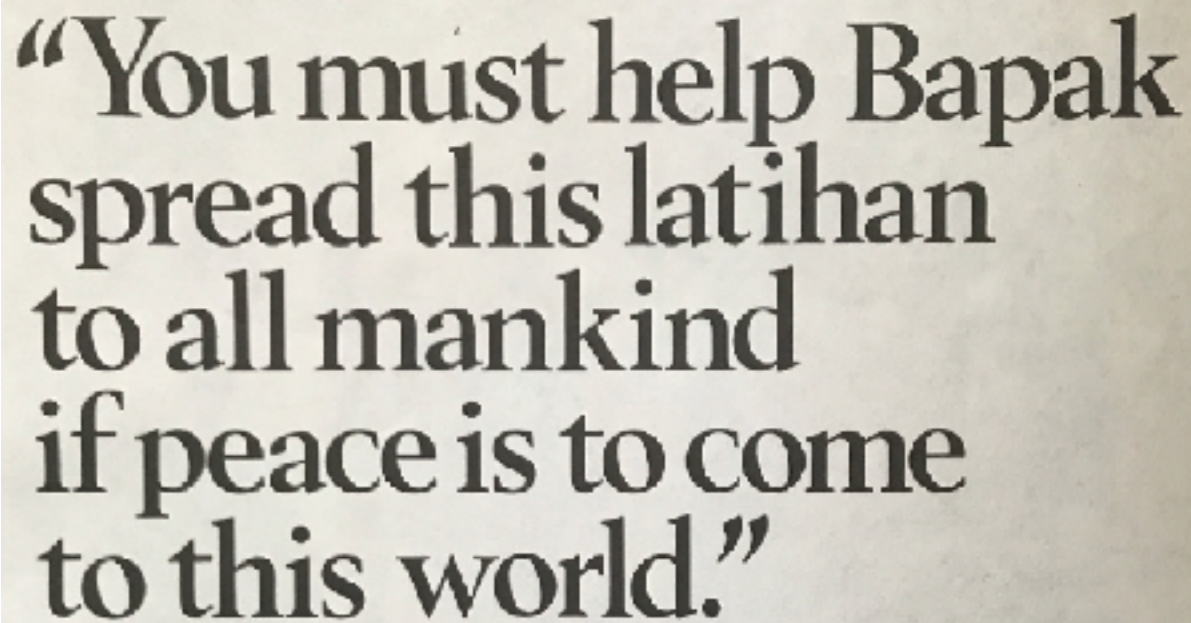
One can also say that Subud itself is our collective enterprise.

And it's through the development of our personal and group

enterprises that Subud will grow. **Not by promotion. But by**

**our**

**state and our works.**



“You must help Bapak  
spread this latihan  
to all mankind  
if peace is to come  
to this world.”

*—Bapak, speaking in Vancouver*

## **SUBUD IS US**

**The organization of Subud** is small and new in the world. The possibilities are truly incalculable. Each one of us is an invaluable resource. "The capital is you".

Bapak's intention was not that Subud centers would rely on donations. But that by putting the latihan into practice we might become self-sustaining by working together. And that's just the beginning.

## **THE COMMITTEE IS US**

**The purpose of our committee** is not only arranging a latihan hall, but communicating to us horizontally and vertically, connecting us to the regional, national, and global organization. So that we feel connected and wide in the scope of our feelings. A broad feeling of oneness with all humankind being central to progress in the latihan and in our lives.

Our committee also exists to support our career paths, individual and group enterprises that can help us provide for our material well-being.

Once we are materially stable, the committee's job is to help us individually and in groups, to provide something of real benefit for the entire world outside Subud.

So we could say, this weekend is a giant committee meeting as each of us has an invaluable role in Subud.

If one third of humans  
received the latihan  
this world would be  
a place of nobility.

## **PRACTICAL POSSIBILITIES TO EXPLORE**

### WORLD CONGRESS

Those of us who have gone to national and especially world congresses know the value of that experience. What can we do to support as many members (especially younger ones and those without the means) to get to the Freiburg Congress? That would probably have a significant effect on both individuals and their groups.

### A CREDIT UNION

Are there ways to take advantage of modern financial tools to help members and the organization? A feasibility study is underway to

establish a Subud U.S.A. Credit Union, and members who have experience and expertise in setting up credit unions are involved.

## ENTERPRISES WE DON'T KNOW ABOUT

What activities are we all involved in we're not aware of? Let's tell

each other. How can we support one another?

## SOMETHING ELSE

**What comes up for you this weekend?**

“So Bapak’s prayer for all of you is: **Do not ever cease to think of enterprises.** We are already beginning to pioneer the way in this direction...”

Healthy In This World, Healthy In The Next  
Bapak’s Talk • Schloss Wendhausen, Germany  
May 2, 1981 • Provisional Translation

# FOOD & PARKING

As this is a FREE event we'll go across or down the street for food.

Be back in an hour and a half!

\*Surrounding eatery suggestions for lunch, dinner and coffee:  
*(please click the links for hours / location / menu etc)*

The Counter - Burgers etc

Starbucks - Coffee etc

Ray's and Stark Bar - Mediterranean

Mixt - Vegetarian, Vegan, Salads etc

Yuko Kitchen - Sushi

Parking is free or metered on surrounding residential streets

# RSVP

This is a FREE event. No registration required.

But PLEASE RSVP!

[cnsingleton@gmail.com](mailto:cnsingleton@gmail.com)

Can't wait to see you!

*SUBUD LOS ANGELES 5828 Wilshire Blvd, Los Angeles, CA 90036*

