



Subud Western Regional Retreat, Nanaimo, BC September 28 - 30, 2018



Gather with your Subud sisters and brothers for a weekend of kejiwaan, community and nature!

When: Friday, September 28 at 3 pm to Sunday, September 30 at 2 pm.

Where: Bethlehem Retreat is situated in wooded acreage in Nanaimo, BC, on Vancouver Island, overlooking Westwood Lake, with a backdrop of Mt. Benson. There is a well-groomed path around the lake, and trails up Mt. Benson for the adventurous.

What: Enjoy this popular, annual kejiwaan experience in a beautiful and peaceful location. Amenities include a chapel, library, garden, labyrinth, and one of Vancouver Island's few Peace Poles. Nourish your body and soul.

Request ferry pick-up or consider **carpooling** to reduce travel costs.

Financial assistance is available.

Contact: Dave Hitchcock - 250 370 1291 or davehitchcock@gmail.com

The registration form and information sheet are attached below.

There is limited overnight accommodation and capacity in the dining room. Therefore, we request that you send in your registration as soon as possible. Single rooms are available, but in order to enable as many people as possible to share this retreat, we ask you to indicate if you would be willing to share a room with someone else.

Rooms will be allocated on a "first come, first served" basis, as each registration and payment is received.

Subud Western Regional Retreat, Nanaimo

SEPTEMBER 28 - 30, 2018

Bethlehem Retreat is offering two registration options:

OPTION A - FULL WEEKEND - WITH LODGING (*per person*) **\$290**
Includes 2 nights lodging, 6 meals, morning and afternoon snacks, & facility rental

OPTION B - SATURDAY DAY RATE (*per person*) **\$ 60**
Includes lunch, snacks, & facility rental

Name(s): _____

Phone: _____ Email or home address: _____

I am willing to share a room "YES" or "NO" (please circle).

If "YES" - is there someone you would prefer to share with?: _____

Please list any special dietary needs: _____

If you need a ride from the ferry (Full Weekend option only), when will you be arriving and at which Nanaimo terminal?

Complete relevant sections:

OPTION A: FULL WEEKEND (WITH LODGING) \$ _____

OPTION B: SATURDAY DAY RATE \$ _____

Optional Donation to Assistance Fund: \$ _____

Total: **\$ _____**

Please let me know if you need (how much?) financial support to attend, as there is money available.

Please make cheques payable to Subud Victoria.

Mail your registration form and cheque to:

Dave Hitchcock
262 Plowright Road
Victoria BC V9B 1P3

Alternatively, you can mail your registration form to the above address and pay by e-transfer to davehitchcock@gmail.com

BETHLEHEM RETREAT INFORMATION SHEET (please keep this)

How do I get to the Bethlehem Retreat - located at 2371 Arbot Road, Nanaimo?

- GPS or Google Map for "Bethlehem Retreat, Nanaimo"
- Directions: From Nanaimo Parkway/Bypass/Hwy 19) turn west on Jingle Pot Road. After about 600 metres turn left on Westwood. After about 600 metres turn right onto Arbot (Arbot then splits left from Mills Road.) Bethlehem Retreat is on the left-hand side of Arbot Road, just past the Westwood Racquet Club.
- Please let us know well in advance if you are planning to come on the ferry as a foot passenger (Full Weekend option only) and need a ride from the ferry terminal to the Centre.

Other useful information

- Things to bring might include a flashlight, slippers, attire for swimming or hiking, an umbrella (for the sun, naturally!), musical instruments, and whatever other cultural talents you might wish to share during the entertainment on Saturday evening.
- Arrival time is from 3.00 pm on Friday September 28. The registration desk will be closed at 5.15 pm to allow time to arrive promptly for dinner, which is at 5.30 pm sharp!
- Please park in the signed parking lot nearest the road, to the left of the driveway, just before the main building.
- All bed linens and towels are provided. Guests are requested to make up their beds when they arrive. When you leave, please strip your bed linens and place with towel in a pillowslip outside your door.
- Please do not use cell phones in the Main House and Chapel. The sound carries and Bethlehem likes to keep the environment as peaceful as possible for all retreatants and residents. WIFI is available everywhere, but is strongest in the Main House.
- No candles, alcohol or smoking is allowed on the Bethlehem Retreat site.
- Meal times are fixed at 8.00 am for a continental breakfast, noon for lunch, and 5.30 pm for dinner. Please be prompt! **Bethlehem Retreat is pleased to cater for allergies and special food needs if we let them know of these in advance. Please indicate these on your registration form.** All other activities, times and events are up to the Regional Helpers and attendees to decide at the Friday night Opening Circle after latihan.